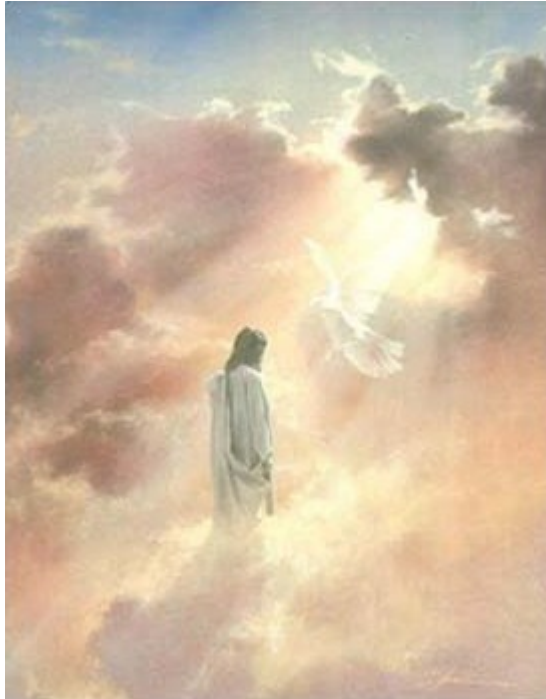


Lancaster Road
United Reformed Church



May 2026
Newsletter

www.lrurc.org.uk

Minister's letter for May

The merry month of May! The warm sun has really started to show itself and the garden is really starting to come to life. The bluebells are spreading like wildfires in the manse garden and apparently, they are now becoming known as invasive. I love bluebells, how has something so beautiful (in my eyes) become a garden pest?



We also seem to have a resident fox who enjoys the garden to rest after a busy night of hunting and comes to sunbathe. Another part of creation considered a pest by many. I don't have much love for rats and mice, but they are very much part of God's wonderful creation. I wonder if Adam and

Eve had animals that they didn't particularly like – probably not because they did not know the meaning of fear before they shared in that forbidden fruit.

The Garden of Eden must have been a beautiful place with everything living in harmony until Eve listened to the snake. How we spoil things! What amazes me about the story of Genesis is that it is about much more than how many days it took God to create the world and everything in it. The God of endless love needed to love and so created humans to care for. God came to find them when they were hiding from him due to their nakedness and shame.

“Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. But the Lord God called to the man, “Where are you?” (Genesis 3:8-9)

God wanted to spend time with them and he wants to spend time with us.
Despite their disobedience God took care of their needs,

“The Lord God made garments of skin for Adam and his wife and clothed them” (Genesis 3: 21)

Even when Adam and Eve had disobeyed God he didn't stop loving them and made sure they were clothed, even making their clothes himself.

I love the image of God walking in the garden and that he was so close to Adam and Eve. However, I am thankful that I am no longer separated from God, even though I am probably more of a 'pest' than the bluebells and the foxes. That even as a sinner I do not need to be afraid of God and hide because of the sacrifice Jesus made for everyone. God is the God of immeasurable kindness and compassion and cares for our every need. As Psalm 23 tells us, “The Lord is my shepherd I shall not want”.

May God bless you in new ways this month.

Yours in Christ,
Ruth

Our Church Mission Statement.

“As a Church our desire is to worship God and grow as disciples of our Lord Jesus Christ. To show and nurture love, joy, peace and justice in our fellowship, community and to all people through the power of the Holy Spirit.”

Christian Aid Week – 10-16th May

Where hardship means hunger... urban farmers can grow hope.

In the crowded and noisy settlements of Nairobi, most parents wake every single day knowing that they must go and earn money, otherwise their children won't eat that evening. With no formal work opportunities, heartbreakingly low pay, and no social support, it's a precarious and frightening daily struggle that no family should have to face.

The aching hunger is bad enough. The relentless stress is overwhelming.

'When I wake up, I have a lot of worries. Sometimes I don't have food,' says Fridah Moraa, a recently widowed grandmother determined to support her family on what little she earns. **'Now I'm responsible for everything.'** With school costs, rent and water to cover, providing food for every meal is a problem that never goes away.



But Fridah's faith in God, and in her own ability to provide, is unwavering. With tools, seeds and specialist training from Christian Aid's partner, Beacon of Hope, Fridah's now making the most of a small space in the city to grow a steady supply of fresh vegetables that she can cook for her family or sell on her market stall. Reflecting

on her new role in life, Fridah says: **'I never thought that a woman could also be a provider.'**

With her inner strength, unstoppable resolve, and a little help from Beacon of Hope, Fridah's overcoming poverty to feed the youngest members of her family and protect them from the threat of malnutrition.

Fridah rightly takes pride in all she's achieving: **'When I harvest what I've planted, it makes me happy. Urban farming has changed my life.'**



Christian Aid and its supporters are joining together once again during Christian Aid Week (10-16 May) to fundraise in all kinds of ways – from coffee mornings and craft stalls to hiking and biking for the 70k in May challenge.

With **seven days to make a difference**, every gift, act and prayer counts. **What will you do to support someone like Fridah to grow food, protect their children from hunger, and nurture hope?**

£5 could buy the seeds that kickstart a family's nutritious vegetable garden.

· **£10** could pay for the pair of chickens that produce fertiliser for an urban farmer.

· **£15** could purchase the hand tools that mean an urban farmer can tend their crops.

· **£30** could buy the trio of cone garden planters that host hundreds of plants in a tiny city space.

Find out more about the campaign at caweek.org or contact me if you are able to deliver envelopes in the locality of the church.

Laura 07736 408047

May

Monday	Tuesday	Wednesday	Thursday
4th No Toddlers Bank Holiday	5th Bible Study Church Lounge 8.15pm	6th Food Hub 10.00-12pm Prayer at Home 9.30pm	7th Local Election Church Hall in use
11th Toddlers 9.30to 11.30	12th	13th Bible Study 9.45 Food Hub 10.00-12pm Prayer at Home 9.30pm	14th
18th Toddlers 9.30to 11.30	19th Bible Study Church Lounge 8.15pm	20th Food Hub 10.00-12pm Prayer at Home 9.30pm	21st
25th Half Term Holiday No Toddlers	26th	27th Bible Study 9.45 Food Hub 10.00-12pm Prayer at Home 9.30pm	28th

2026

Friday	Saturday	Sunday
8th Shoppers Coffee 10-12	9th Lunchtime @ Christ Church 12:30pm-2:30pm 2nd Enfield BB Quiz Night @ BHP6.30pm	10th Morning All Age Worship 11.15am Rev'd Ruth Dewis
15th Shoppers Coffee in the church 10-12	16th BB Plant Sale & Coffee Morning 10am—12 In the church 	17th Morning Worship 11.15am Major James Williams SA Church Meeting 12.45pm Evening service 6.30pm @ LR Rev'd Ruth Dewis
22nd Shoppers Coffee in the church 10-12	23rd	24th Morning Worship 11.15am Rev'd Martin Legg Pentecost
29th Shoppers Coffee in the church 10-12	30th Quiz Night for A.P.A.P 7pm Church Hall	31st Morning Worship Pastorate Service @LR 11.15am Rev'd Ruth Dewis

All People All Places

Working with the homeless and those at risk of homelessness in Enfield and Haringey

SPRING NEWSLETTER

We have been very busy at APAP over the past few months and would like to share what we have been up to with you.

APAP IMPACT REPORT

We published our impact report which shows that we have continued to grow and to support more people experiencing homelessness. We would like to thank all the staff, volunteers, funders and partners who have been so key to our success in the last year and we look forward to continuing to work with you all in 2026.

DATA from Jan – Dec 2025

More than just a homeless charity

426 new clients through word of mouth and partner referral.

690 cases – 301 homelessness, 106 homelessness prevention, 99 money finance welfare, 97 health and wellbeing, 85 immigration, 2 employment and employability.

3,923 service visits, creating a safe and welcoming space for people to access support and services.

166 positive housing outcomes. Moved to new accommodation or prevented eviction.

96 other positive outcomes including resolving immigration and benefit issues, maximising income, securing ID documents and opening bank accounts.

SERVICES FOR ROUGH SLEEPERS

Showers were used **688** times supporting clients to take care of their hygiene.

1,709 hot meals. We offer a hot breakfast and lunch, as well as drinks and snacks throughout the day.

Laundry services used **214** times for clients with no access to their own washing facilities.

427 donations of fresh underwear, socks, clothes and shoes. Warm clothing in winter.

322 care packages including essential toiletries and sleeping bags.

NIGHT SHELTER

26 people housed in our night shelter. **77%** successfully moved on excluding clients remaining in the shelter at the end of the period, still working towards move-on. 87 days average length of stay – we support clients for longer than the typical night shelter, giving space to address complex underlying issues.

EASTER at APAP

We had a wonderful Easter celebration at APAP, where our clients enjoyed painting eggs, taking part in an Easter egg hunt, and sharing a lovely lunch generously provided by Fullness of Joy Miracle Centre.

A huge thank you to our amazing volunteers whose support helped create a day filled with special memories for our clients.

LONDON MARATHON 2026

Our Services Manager, Grace, will be taking on the iconic London Marathon to raise life-saving funds for our clients at the heart of APAP.

NEW WOMEN AT RISK PROJECT

We are excited to be launching a new specialist project to support women identified as at high risk of harm, exploitation and homelessness in Enfield and Haringey. The team will lead on coordinating a street outreach service for women in the local area facing multiple disadvantage and systemic exclusion, some of whom are engaged in street-based sex-work. We will also be developing a women-only day time service, providing a safe space for women facing homelessness locally.

We are recruiting to two new outreach worker roles who will be part of a new team that will lead twice weekly night time outreach sessions, devise and deliver daytime provision to meet their needs and support vulnerable women to access services and support through a choice-based and person-led approach.

A BIG THANK YOU

We would like to extend our heartfelt thanks to Muswell Hill Synagogue's Kol Nidre appeal for raising an incredible £7,835.16 in support of APAP. We would also like to thank Lachezar Belyov and Team Open Hands from Westminster Business School who raised £178 through a bake sale as part of their Entrepreneurial Practice Project.

We simply could not continue providing the amazing services we do without your ongoing generosity and support. Thank you to everyone who has donated, championed our work, and helped spread the word about APAP.



Quiz Night

**On: Saturday 30th May
2026**

To raise money for
All People All Places (APAP)

Start Time: 7pm prompt.

At: Lancaster Road URC Church Hall,
Armfield Road, EN2 0DH

Tickets: £12 per person

and includes Ploughman's Supper
and tea **or** coffee

Bring your own drinks.

Tickets from: **Beryl Woolley 07950 592454**

Teams of 8 or less.





1st Enfield Company
Are holding a
Plant Sale and Coffee Morning
At
Lancaster Road U R C



On
Saturday 16th May 2026
10.00 – 12.00

Jig-saws

Life Drawing Classes

RELAXED, GUIDED SESSIONS
BY HAZEL WILLIAMS
BEGINNERS WELCOME



*Build confidence, improve your drawing, or
simply reconnect with your creativity.*

A welcoming, supportive space created by
Hazel — for anyone looking to create
freely, with guidance and a sense of
community.

TUESDAYS 10AM-12PM

Please bring your own materials

Venue:
Armfield Church Hall
9 Armfield Road
Enfield
EN2 0DH



CALL TO BOOK

07841042870

Pulpit Secretary Post

The post of Pulpit Secretary at Lancaster Road has now become vacant following the very sad loss of our dear friend Janice.

The role of Pulpit Secretary is as follows:

- To attend a meeting in June each year with the Pulpit Secretaries of both Bush Hill Park and Christ Church and the Minister. The purpose of this meeting is for the Minister to work out their preaching dates for the year with the three churches in the pastorate, which are then entered onto the calendar.
- Following this meeting, the Pulpit Secretary then meets with the Lay Preachers of LR and together they work out their availability to preach which is again entered onto the calendar.
- If there are any vacancies remaining, then the Pulpit Secretary contacts the list of Visiting Preachers to see if any are available to cover the remaining dates.
- A copy of 'Visiting Preacher's Notes' to be sent out for information, prior to preaching.
- The online 'Preaching Calendar' to be kept up to date.

If you feel called to take on this important role within the church, please contact Ruth, Chris or myself for more information.

Clare (Administrator)

Drown out division with A Million Acts of Hope

The voices of those who spread hate and seek to separate communities can be loud, but the voices of hope and kindness are louder.

Across Wales, Scotland and England, United Reformed Church (URC) congregations, community groups, and projects show up for people in their neighbourhoods every day. As part of the national "A Million Acts of Hope" week of action, taking place 13-20 May, the URC wants to celebrate these acts of care, kindness and connection.

For more information, include free downloadable resources, visit the A Million Acts of Hope digital community hub at millionactsofhope.org/community-hub.

Duty Elders for May 2026

	11.15 a.m.	Notes	6:30 p.m.	Notes
3 rd	Clare/ Graham	Holy Communion		
10 th 17 th	Chris Graham	A All Age Service/YPCF Ann.	Clare	Joint Service with CHP
24 th 31 st	Beryl Chris	Pentecost Joint Service @ LR		

Duty Elders for June 2026

	11.15 a.m.	Notes	6:30 p.m.	Notes
7 th	Beryl/?	Holy Communion		
14 th 21 st	Clare Beryl	All Age/Parade Service Father's Day	Chris	Joint Service with CHP
28 th	Clare			

Elders marked in **BOLD** are responsible for reading notices at that service. Please let them have any notices 10 minutes before the start of the service.

Elders on duty at a **Communion Service** must ensure that the person presiding at Communion informs the congregation of the Charity/Organisation receiving the Communion Offertory and that the collection plate is on the Communion Table.

Thank you

Newsletter deadline for June is Sunday May24th

Items to Jessica newsletter@lurrc.org.uk

Thank you

Coffee Morning Rota May/ June

Friday

"	May 1st.....	Sue and Brenda
"	May 8th.....	Shivane
"	May 15th.....	Terry
"	May 22nd.....	Viv and Martin Legg
"	May 29th.....	Graham and Marilyn
"	June 5th.....	Sue and Brenda
"	June 12th.....	Shivane
"	June 19th.....	Terry
"	June 26th.....	Viv and Martin
"	July 3rd.....	Graham and Marilyn
"	July 10th.....	Sue and Brenda
"	July 17th.....	Shivane
"	July 24th.....	Terry

Flower Rota May

May 3rd -----

10th YPCF Anniversary

17th -----

24th -----

31st Pastorate service LRURC

Youth & Childrens work Activities In the Church Hall Armfield Road.

Toddler group – 0-4 yrs

Monday morning 9.30 – 11.30am. Just come along, refreshments provided.

Boys Brigade and Girls Association (boys and girls) – 5 – 11 yrs.

Monday 6.15 – 7.30 pm.

Contact Vivienne Legg 1stenfieldbb@gmail.com

5th Enfield Rainbows - Girls 4-7y rs -

Thursday 5.30pm - 6.30pm :

Contact Sumita Biswas 5thenfieldrainbows@gmail.com

5th Enfield Brownies - Girls 7-10 yrs -

Thursday 6.15pm - 7.45pm

Contact Mary Dawson 5enfieldbrownies@googlemail.com

5th Enfield Guides - Girls 10-14 yrs

Thursday 7pm—8.30pm

Contact Allison Duggal guides5thenfield@hotmail.co.uk

5th Enfield Rangers - Girls 14-18 yrs

Thursday 7pm—8.30pm

Contact Nansi Ellis guides5thenfield@hotmail.co.uk

YPCF – 5 -11 yrs **Sunday 11.15 – 12.15 (in the church).**

Contact Chris Marlow ypcf@lrurc.org.uk

Who to Contact

Revd Ruth Dewis : minister@lrurc.org.uk

Phone: 0759 2125027

Revd Martin Legg: martin@lrurc.org.uk

Phone 07711 955985

secretary@lrurc.org.uk

elders@lrurc.org.uk

News Letter: newsletter@lrurc.org.uk

Lettings: Hall-Bookings@lrurc.org.uk

Website: www.lrurc.org.uk

Facebook: www.facebook.com/pg/LRURC/

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